Air Force and Space Force Junior ROTC

INTRODUCTION TO DRILL AND CEREMONIES 30-STEP DRILL SEQUENCE



Instructors Booklet

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INTRODUCTION TO DRILL AND CEREMONIES\30-STEP DRILL SEQUENCE

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For a complete viewing of how to execute the 30-Step Drill Sequence (complete with inspection after open ranks) is available at the following link on the Air Force Junior ROTC webpage.

You can also view an abbreviated version of this video in **WINGS / Published Files / AFJROTC LDRs / Drill /30-Step** (it will take a bit to download – be patient).

Have your cadets review this video on what a 30-Step Drill Sequence should look like

HQ AFJROTC Web Page:

https://www.airuniversity.af.edu/Holm-Center/AFJROTC/Display/Article/1240293/drill-team-resources/

You Tube: https://www.youtube.com/watch?v=dV6Rz-19J5I&t=19s

HOW TO TEACH THE 30-STEP DRILL SEQUENCE

Drill consists of certain movements by which the flight or squadron is moved in an orderly manner from one formation to another or from one place to another.

Standards such as:

- 1. <u>24-inch step, measured from heel to heel; 12-inch step, measured from heel to heel and place the heel of the foot down first.</u>
- **2.** Cadence of 100 to 120 steps per minute, distance.
- 3. The swing of the arms will measure 6-inches to the front (measured from the rear of the hand to the front of the thigh) and 3-inches to the rear (measured from the front of the hand to the back of the thigh).
- 4. <u>40-inch distance, measured from the chest of the</u> individual to the back of the individual directly in front



Your job is to learn these movements and execute each part exactly as described. You must also learn to adapt your own movements to those of the group. Everyone in the formation must move together on command.

The 30-step drill sequence is a significant part of the AFJROTC curriculum and is part of the grading criteria used to conduct unit evaluations. Department of the Air Force (DAF) Pamphlet 34-1203 dated 13 Sep 2022 (replaced AFMAN 36-2203) is the governing directive for the 30-step drill sequence. Learn, practice, and perfect everything in this manual and you will be a drill MASTER ... but **you** must put forth the effort.

A suggested way to teach the 30-step drill sequence can be broken down into four steps.

- 1. Require cadets to memorize the sequence and be able to write all 30 steps in order.
- 2. Once cadets can write the sequence, have them verbally recite the sequence to the entire class.
- **3.** Once cadets can recite the sequence, then break the class down into small groups, approximately 5 cadets in each group and have them practice commanding and the small group executing the first 10 commands. This can be done in the classroom or outside depending on the space you have since these are stationary movements
- **4**. Once cadets master commanding the first 10 commands to their small group, keep the same small groups of 5 and then let cadets practice commanding and marching their group through the rest of the sequence. Each cadet gets a turn at commanding the sequence. You can use upper classmen and members of the drill team to help the cadets with commanding their groups. As always, the groups have SASI/ASI oversight.

DRILL VOCABULARY & TERMINOLOGY

- **AFI** Air Force Instruction
- **AFMAN** Air Force Manual
- IAW In Accordance With
- Army Training Curricular Army TC 3-21.5 (Armed Drill/Color Guard)
- Alignment Dress or cover
- Cadence The uniform step and rhythm in marching; that is; the number of steps per minute.
- **Cover** Individuals aligning themselves directly behind the person to their immediate front while maintaining proper distance.
- **DAF** Department of the Air Force
- **DCID** Dress, Cover, Interval, and Distance
- **Distance** The space from front to rear between units. The distance between individuals in a formation is 40-inches as measured from their chests to the backs of individuals directly in front of them.
- **Dress** Alignment of elements side by side or in line maintaining proper interval.
- **Element** The basic formation; that is, the smallest drill unit comprised of at least 3, but usually 8 to 12 individuals, one of whom is the designated element leader.
- Flank The extreme right or left (troop's right or left) side of a formation in line or in column.
- Flight At least two, but not more than four, elements.
- **Interval** The space between individuals placed side by side. A normal interval is an arm's length. A close interval is 4-inches.
- Mark Time Marching in place at a rate of 100 to 120 steps per minute.
- Pace A step of 24-inches. This is the length of a full step in quick time.
- Quick Time The rate of marching at 100 to 120 steps (12 or 24-inches in length) per minute.
- Rank A single line of persons placed side by side.
- Step The distance measured heel to heel between the feet of an individual marching.
- Unit Any portion of a given formation.

30-STEP DRILL SEQUENCE

The requirement for all second-year cadets is to be able to, March. Headquarters AFJROTC has developed a 30-step drill sequence which is required to be executed by all second-year cadets or higher.

Flight Commander (FC) will report into the inspector, after the command fall-in is given. Example: Sir/Ma'am, Unit Number, is prepared for the 30-step drill sequence. Request permission to use your drill area, Sir/Ma'am!

30-Step Drill Sequence (Mandatory for all second-year cadets)

1. *Fall In 16. To the Rear, March

(Sizing of flight/count off is not required for HQ AFJROTC purposes – units may teach these if they wish commands, but they are not required for our purposes, or unit evaluation.)

2. Open Ranks, March

3. Ready, Front

4. Close Ranks, March

17. To the Rear, March

18. Column Right, March

19. Forward, March

5. Present Arms 20. Eyes Right (salute the evaluator)

6. Order Arms 21. Ready Front

7. Parade Rest 22. Column Right, March

8. Attention 23. Forward, March

9. Left Face10. About face24. Change Step, March25. Column Right, March

11. Forward, March
12. Right Flank, March
13. Left Flank, March
26. Forward, March
27. Flight Halt
28. Left Face

14. Column Right, March 29. Right Step, March

15. Forward, March 30. Flight Halt

FC will report out to the inspector, after the command flight halt is given. Example: Sir/Ma'am, Unit Number, request permission to exit your drill area, Sir/Ma'am!

Remember the 30-step drill sequence is a big box. If cadets can visualize a box, they can successfully lead a group of cadets through the 30-step sequence.

POSITION OF THE FLIGHT COMMANDER (FC) ON THE FLIGHT

- 1. Does the FC go on the inside or the outside of the flight while marching? Either way is correct if the FC has visual control of the flight.
- 2. Can the FC salute over the flight on Eyes Right? Yes.
- 3. What is the proper way for a FC to come from the outside to the inside of a flight on the first "Column Right, March"? The key to this maneuver is to have visual control of the flight and do it in a manner consistent with military bearing.

Thanks to TX-20065 I hope these photos help in your instruction of your cadets.

As you look at our 30-Step Drill Sequence video, you will see the FC on the outside of the flight all throughout the 30-step sequence. This is correct, but there is also another correct way with the FC coming to inside on the first "Column Right, March." The FC will maintain their relative position on the flight as the flight fell in, 3-paces, centered off the flight.



FC starting position for "Forward, March."



FC position for "Right Flank, March."



FC position for "Left Flank, March."

POSITION OF THE FLIGHT COMMANDER (FC) ON THE FLIGHT CONTINUED



"Column Right", note how the FC is marching behind the flight to come up on the inside. Also, note the FC has complete visual control of the flight.



At this point of the "Column Right" the FC is coming up on the inside of the flight.



"Eyes, Right." The FC is on the inside of the flight, 3 paces away and centered on the flight. The FC will call "EYES", keeping head and eyes forward. On "RIGHT', the FC will turn head to the right and salute.

"Ready, Front" The FC will call
"Ready" while maintaining the salute.
On "Front", the FC will drop the salute and turn head and eyes to the front.

POSITION OF THE FLIGHT COMMANDER (FC) ON THE FLIGHT CONTINUED

- 1. After the final "Column Right" and before the command "Left Face", the FC of the flight will need to go around to the front side of the flight to give the next command "Left Face".
- 2. Below is an example of how this should be done. Cadets should not cross over in front of the flight while marching. Below is the preferred method of the FC moving back to the front of the flight.



Commander of the flight executes an **About Face**, then step off marching.



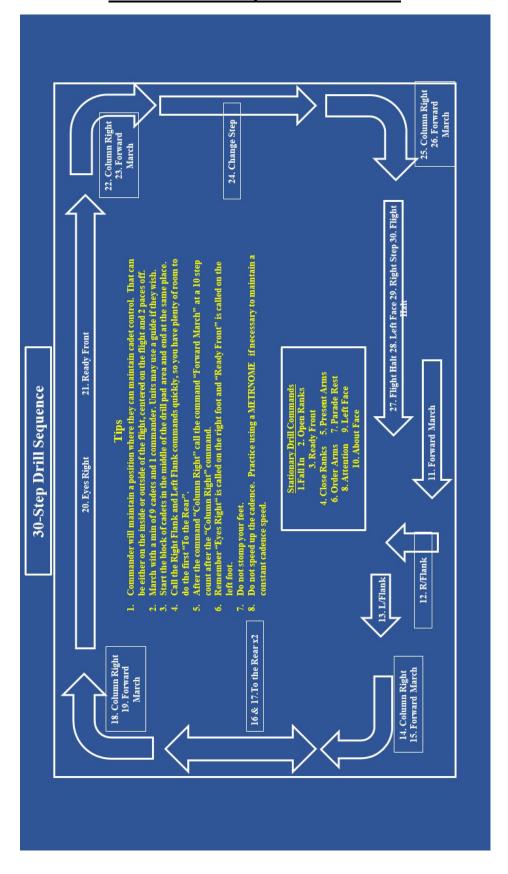


FC then executes two Right Flank movements, coming up 3-paces in front of and centered on the flight.



Once the FC is in place, the command "Left Face" will be given. On the command "Left Face", the FC will execute a right face and the flight will execute a Left Face.

30-STEP DRILL SEQUENCE DIAGRAM



FALLIN

Purpose: "Fall In" is used to form the flight and to establish normal interval.

Combined Command: "Fall In"

Requirements:

- a. Enough cadets to form two elements but no more than four
- b. Enough room to form a flight
- c. Cadence of quick time. Cadets will fall in at attention.

Instruction:

- a. Upon receiving the combined command of FALL IN:
- b. GOB takes a position to the left facing the Flight Commander (FC), so the flight is centered on and approximately three paces from the FC (GOB IS NOT REQUIRED or Staff w/GOB)
 - 1. GOB is the basis for this formation; once in position, do not move
 - 2. Once halted at Attention, execute an automatic Dress Right, Dress and keep guidon at carry position
 - 3. Once you feel the shoulder of the first element leader on your fingertips, execute an automatic Ready Front and simultaneously go to order guidon
- c. First element leader Falls in directly to the left of the GOB, once halted, executes an automatic Dress Right Dress
- d. Second, third, and fourth element leaders Fall In behind the first element leader, once halted, executes an automatic Dress-Right-Dress
- e. Remaining cadets fall into any open position to the left of the element leaders, once halted execute an automatic Dress Right Dress
- f. Square off the formation from the last element to the first element
- g. Additional cadets will Fall In back to front (e.g., 4th element to 3rd etc.)
- h. To execute Dress Right Dress
 - 1. Raise and extend left arm laterally from the shoulder with snap
 - 2. At approximately waist level, un-cup hand, extend and join fingers, and place thumb along the forefinger
 - 3. Keep palm facing down
 - 4. Raise arm until it's parallel to the ground
 - 5. Simultaneously, turn head and eyes 45-degrees to the right, with snap
- i. Exceptions:
 - 1. GOB and second, third, and fourth element leaders do not turn their head and eyes to the right
 - 2. The last cadet in each element does not raise their left arm
- j. Responsibilities:
 - 1. Second, third, and fourth element leaders takes short choppy steps to:
 - a. Cover directly behind cadet in front of them and establish 40-inch distance
 - b. Establish an approximate 40-inch distance
 - 2. Leading cadets in each file take short choppy steps to:

- a. Establish normal interval by obtaining shoulder-to-fingertip contact w/ the cadet to their immediate right
- b. Dress to the right
- 3. Remaining cadets in the second, third, and fourth elements take short choppy steps to:
 - a. Dress to the right
- b. Cover directly behind the cadet in front of them using peripheral vision k. Long arm-short arm rule:
 - 1. If arm is too long, place hand behind cadet to the left, arm parallel to the ground
 - 2. If arm is too short, leave arm and hand extended, parallel to the ground
- 1. Once DCID is established, each cadet executes an automatic Ready Front
 - 1. Smartly lower hand, retracing the path used to raise it. Cup hand as it passes the waist, returning hand to side without slapping
 - 2. Simultaneously, with snap turn head and eyes to the front
 - 3. GOB goes to order guidon
 - 4. Body is back at the position of Attention



ATTENTION

<u>Purpose</u>: Position for drill and inspection; and is the proper position to maintain when being addressed by a ranking officer. All Stationary Drill Commands will be given from Attention.

Preparatory Command: "Flight"

Command of Execution: "Attention" (pronounced TENCH-HUT")

Requirements:

- a. Halted
- b. Cadence of quick time

a. On Flight, assume Parade Rest

b. On **ATTENTION**:

- 1. Smartly bring the left heel together with the right heel so heels are online, and feet form a 45--degree angle
- 2. Simultaneously, bring hands to the sides, cupping hands in the process
- 3. Cup hands so thumbs rest along the first joint of the forefinger with palms facing the legs
- 4. Place thumbs along seam of trousers
- 5. Arms hang straight alongside the body with wrists straight with forearm
- 6. Body is erect with hips level, chest lifted, back arched, shoulders square and even
- 7. Legs are straight, but not stiff
- 8. Head and eyes are straightforward
- 9. Maintain silence and immobility

PARADE REST

Purpose: Relaxed position of attention.

Preparatory Command: "Parade"

Command of Execution: "Rest"

Requirements:

a. Halted at attention

b. Cadence of quick time

a. On *Parade*, mentally prepare yourself.



b. On REST:

- 1. Raise the left leg from the hip just enough for the foot to clear the ground
- 2. Keeping legs straight but not stiff, smartly move left foot to the left and place it down 22½-degrees off center line of the body. Heels are online and approximately 12-inches apart as measured from inside the heels
- 3. Simultaneously, bring your hands to the back of the body, uncupping them in the process
- 4. Extend and join your fingers pointing them toward the ground; palms out
- 5. Place the back of right hand into palm of the left hand with right thumb over left so thumbs form an "X", pointing down
- 6. Keep arms fully extended
- 7. Keep your head and eyes forward, maintaining silence and immobility until given further commands

DRESS RIGHT DRESS

Purpose: Aligning the Flight in Line Formation.

Preparatory Command: "Dress Right" / "Ready"

Command of Execution: "Dress" / "Front"

Requirements for Movement:

- a. Halted at attention
- b. Line formation
- c. Normal interval

Procedures to Perform:

- a. Command is **Dress Right**, **DRESS**
- b. On *Dress Right*, mentally prepare yourself
 - 1. While remaining in place guidon bearer (GOB) goes to carry guidon on the preparatory command
- c. On DRESS:
 - 1. Raise and extend left arm laterally from the shoulder with snap
 - 2. At approximately waist level, un-cup hand, extend and join fingers, and place thumb along the forefinger
 - 3. Keep palm facing down
 - 4. Continue raising the arm until it's parallel to the ground
 - 5. Simultaneously, turn head and eyes 45-degrees to the right, with snap
 - 6. Exceptions:
 - a. GOB and, second, third, or fourth element leaders don't turn their heads and eyes to the right
 - b. The last cadet in each element does not raise their left arm
 - 7. Responsibilities:
 - a. Second, third, and fourth element leaders take short choppy steps to:
 - 1. Cover directly behind the cadet in front of them
 - 2. Establish an approximate 40-inch distance
 - b. Leading cadet in each file takes short choppy steps to:
 - 1. Establish normal interval by obtaining shoulder-to-fingertip contact
 - 2. Dress to the right
 - c. Remaining cadets in the second, third, and fourth elements take short choppy steps to:
 - 1. Dress to the right
 - 2. Cover directly behind the cadet in front of them using peripheral vision

DRESS RIGHT DRESS CONTINUED

d. Long arm-short arm rule:

- 1. If arm is too long, place hand behind cadet to the left, arm parallel to the ground
- 2. If arm is too short, leave arm and hand extended, parallel to the ground
- e. Cadets will hold this position until the FC aligns formation and commands "Ready Front"

Ready Front

- a. On *Ready*, mentally prepare yourself
- b. On **FRONT**:
 - 1. While remaining in place guidon bearer (GOB) stays at carry guidon on the preparatory command
 - 2. Simultaneously, with snap turn head and eyes to the front
 - 3. GOB goes to order guidon



OPEN RANKS

Purpose: Opening and aligning a flight in Line Formation for Inspection.

Preparatory Command: "Open Ranks" / "Ready"

Command of Execution: "March" / "Front"

Requirements for Movement:

- a. Halted at attention
- b. Line formation
- c. Normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. On *Open Ranks*, mentally prepare yourself:
 - 1. The Guidon Bearer (GOB) goes to carry guidon on the preparatory command

b. On MARCH:

- 1. Fourth element stands fast and executes an automatic Dress Right Dress and establishes DCID
- 2. Third element takes one 24-inch step starting with the left foot using coordinated arm swing, halts, and executes an automatic Dress Right Dress and establishes DCID
- 3. Second element takes two 24-inch steps starting with the left foot using coordinated arm swing, halts, and executes Dress Right Dress to establish DCID
- 4. GOB and first element take three 24-inch steps starting with the left foot using coordinated arm swing, halts, and executes an automatic Dress Right Dress and establish DCID
- 5. Once the Element Leaders halt, they will establish an approximate 64-inch distance
- 6. Everyone holds their position until the FC aligns the flight and command

"Ready Front"

7. Exceptions:

- a. GOB and second, third, and fourth element leaders don't turn their heads and eyes to the right
- b. The last cadet in each element doesn't raise their left arm

c. On *Ready*, FRONT:

- 1. Everyone will execute a Ready FRONT
- 2. Body is back at the position of Attention
- 3. GOB goes to order guidon

CLOSE RANKS

Purpose: Closing a flight in Line Formation after Open ranks.

Prenaratory Command: "Close Ranks"

Command of Execution: "March"

Requirements for Movement:

- a. Halted at attention
- b. Line formation
- c. Normal interval
- d. Cadence of quick time

Procedures to Perform:

If no inspection procedures take place, the FC upon giving their flight Ready Front, should take one step forward placing themselves in front of the guide-on bearer and looking down line to give the command "Close Ranks March".

- a. On Close Ranks, mentally prepare yourself
- b. On MARCH:
 - 1 The GOB and first element standfast; GOB remains at order guidon
 - 2 The second element takes one 24-inch step, starting with the left foot using coordinated arm swing, and then halts
 - 3 The third element takes two 24-inch steps, starting with the left foot using coordinated arm swing, and then halts
 - 4. The fourth element takes three 24-inch steps, starting with the left foot using coordinated arm swing, then halts

PRESENT ARMS/ORDER ARMS

Purpose: The salute is the military way of exchanging courteous greetings

Preparatory Command: "Present" / "Order"

Command of Execution: "Arms" / "Arms"

Requirements for Movement:

a. Halted at attention

b. Cadence of quick time

Procedures to Perform:

a. On *Present*, mentally prepare yourself

b. On ARMS:

- 1. Bring right hand smartly up the front and centerline of the body, uncupping the hand as it passes the waist
- 2. Extend and join fingers placing thumb along forefinger; keep palm flat, forming a straight line between the fingertips and elbow
- 3. Tilting palm slightly toward your face, hold upper arm horizontal, slightly forward, and parallel to the ground
- 4. Ensure the tip of middle finger touches one of the following contact points:
 - a. If wearing a billed cap, with or without glasses, the contact point is the right front corner of the cap
 - b. If wearing a non-billed cap or no cap, without glasses, the contact point is the outside corner of right eyebrow
 - c. If wearing a non-billed cap or no cap, with glasses, the contact point is the right front corner of eyeglasses
- 5. Remainder of the body remains at Attention
- 6. Hold position until given Order Arms

Procedures to Perform: - ORDER, ARMS

- a. On *Order*, mentally prepare yourself
- b. On ARMS:
 - 1 Smartly lower hand, retracing path used to raise it
 - 2 Cup hand as it passes the waist, returning hand to the side of the body
- c. Body is back at Position of Attention



LEFT FACE

Purpose: Turn 90-degrees to the left from a halt.

Preparatory Command: "Left"

Command of Execution: "Face"

Requirements for Movement:

a. Halted at attention

b. Cadence of quick time

Procedures to Perform:

- a. On *Left*, mentally prepare yourself
- b. On FACE:
 - 1. This is a two-count movement. To complete count one:
 - a. Slightly raise the toes of the left foot and the heel of the right foot
 - b. Keeping legs straight but not stiff, pivot 90-degrees to the left assisted by slight pressure on the ball of right foot
 - c. Place left foot 22 ½-degrees off the centerline of the body
 - d. Upper body remains at the position of Attention throughout the drill movement
 - 2. To complete count two:
 - a. Smartly bring the right heel together with the left heel, so heels are online, and feet form a 45-degree angle
 - b. Body is back at Attention



ABOUT FACE

Purpose: Turn 180-degrees to the rear from a halt.

Preparatory Command: "About"

Command of Execution: "Face"

Requirements for Movement:

a. Halted at attention

b. Cadence of quick time

Procedures to Perform:

a. On *About*, mentally prepare yourself

- b. On FACE:
 - 1. This is a two-count movement. To complete count one:
 - a. Raise right leg from hip just enough for the foot to clear the ground
 - b. Without bending knees, place ball of right foot approx. ½ shoe length behind and slightly to the left of left heel
 - c. Distribute weight of body on ball of right foot and heel of left foot to establish the pivot points and keeps legs straight, but not stiff
 - d. Upper body remains at the position of Attention throughout the drill movement
 - 2. To complete count two:
 - a. Keep your hand at your sides, pivot 180-degrees to the right with a twisting motion from hips
 - b. The upper body remains at Attention throughout the movement
 - c. Upon completion of the pivot, heels are together and online, and feet form a 45--degree angle
 - d. Body is back at Position of Attention



RIGHT FLANK

Purpose: Turning an entire formation 90-degrees to the right while marching.

Preparatory Command: "Right Flank"

Command of Execution: "March"

Requirements for Movement:

- a. Marching at attention
- b. Any formation
- c. Close or normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. Commands are given as the heel of the right foot strikes the ground
- b. On *Right Flank*, mentally prepare yourself, but continue to march
- c. On MARCH, everyone takes one more 24-inch step with the left foot
 - 1. As weight of the body comes forward on the ball of the left foot, suspend arm swing and pivot 90-degrees to the right
 - 2. Starting with the right foot, begin taking 24-inch steps and resume coordinated arm swing
 - 3. Maintain DCID throughout the movement

LEFT FLANK

Purpose: Turning an entire formation 90-degrees to the left while marching.

Preparatory Command: "Left Flank"

Command of Execution: "March"

Requirements for Movement:

- a. Marching at attention
- b. Any formation
- c. Close or normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. Commands are given as the heel of the left foot strikes the ground
- b. On *Left Flank*, mentally prepare yourself, but continue to march
- c. On MARCH, everyone takes one more 24-inch step with the right foot
 - 1. As weight of the body comes forward on the ball of the right foot, suspend arm swing and pivot 90-degrees to the left
 - 2. Starting with the left foot, begin taking 24-inch steps and resume coordinated arm swing
 - 3. Maintain DCID throughout the movement

COLUMN RIGHT

Purpose: The "column right" is the military way of turning the head of a formation 90-degrees to the right while marching.

Preparatory Commands: "Column Right" / "Forward

Command of Executions: "March" / "March"

Requirements for Movement:

- a. Halted at attention
- b. Column formation
- c. Close or Normal interval
- d. Cadence of quick time

Procedures to Perform: (Entire Flight)

- a. Commands are given as the heel of the right foot strikes the ground
- b. On *Column Right*, mentally prepare yourself:
- c. On MARCH:

1. Fourth element leader:

- a. Take one more 24-inch step with the left foot and as weight of the body comes forward on the ball of the left foot, suspend arm swing and pivot 90-degrees to the right
- b. Take one 24-inch step with the right foot and resume coordinated arm swing
- c. Starting with the left foot, begin taking 12-inch steps
- 2. Remaining members of the fourth element:
 - a. Continue marching to the approximate pivot point of the fourth element leader
 - b. As weight of the body comes forward on the ball of the left foot, suspend arm swing and pivot 90-degrees to the right
 - c. Take one 24-inch step with the right foot and resume coordinated arm swing
 - d. Starting with the left foot, begin taking 12-inch steps and reestablish cover and distance



90-degree pivot w/the 24-inch step is for the outside element. The outside element could be the 4th, 3rd, or 2nd element (depends on the size of the flight).

Image shows the third Element Leader taking a 24-inch step out of the pivot

COLUMN RIGHT CONTINUED

3. Third element leader:

- a Take one more 24-inch step with the left foot and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right, with coordinated arm swing
- b Take two 24-inch steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
- c Take 24-inch steps until abreast of the fourth element leader
- d Begin taking 12-inch steps and reestablish dress and interval
- 4. Remaining members of the third element:
 - a. Continue marching to the approximate pivot point of the third element leader
 - b. As weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right, with coordinated arm swing
 - c Take two 12-inch (24-inch) steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
 - d Take 24-inch steps until abreast of the cadet that was marching on your right prior to the pivots
 - e Begin taking 12-inch steps and reestablish dress and cover

NOTE: When pivoting 45-degrees to the right, the first 24-inch step out of the pivot (right foot) is considered the <u>first</u> of two 24-inch steps. The <u>second</u> step in this pivot is when your left foot strikes the ground. Make the second 45-degree pivot with your left foot, completing the full 90-degree turn.

5. Second element leader:

- a. Take one more 24-inch step with the left foot and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right, with coordinated arm swing
- b. Take four 24-inch steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
- c. Take 24-inch steps until abreast of the third element leader
- d. Begin taking 12-inch steps and reestablish dress and interval
- 6. Remaining members of the second element:
 - a. Continue marching to the approximate pivot point of the second element leader
 - b. As weight of the body comes forward on the ball of the left foot, pivot 45° to the right, with coordinated arm swing
 - c. Take four 24-inch steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
 - d. Take 24-inch steps until abreast of the cadet that was marching on your right prior to the pivots
 - e. Begin taking 12-inch steps and reestablish dress and cover

NOTE: When pivoting 45-degrees to the right, the first 24-inch step out of the pivot (right foot) is considered the <u>first</u> of four 24-inch steps. The <u>fourth</u> step in this pivot is when your left foot strikes the ground. Make the second 45-degree pivot your left foot completing the full 90-degree turn

COLUMN RIGHT CONTINUED

7. First element leader:

- a. Take one more 24-inch step with the left foot and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right, with coordinated arm swing
- b. Take six 12-inch (24-inch) steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
- c. Take 24-inch steps until abreast of the second element leader
- d. Begin taking 12-inch steps and reestablish dress and interval
- 8. Remaining members of the first element:
 - a. Continue marching to the approximate pivot point of the first element leader
 - b As weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right, with coordinated arm swing
 - c. Take six 12-inch (24-inch) steps and as weight of the body comes forward on the ball of the left foot, pivot 45-degrees to the right with coordinated arm swing
 - d. Take 24-inch steps until abreast of the cadet that was marching on your right prior to the pivots
 - e. Begin taking 12-inch steps and reestablish dress and cover

NOTE: When pivoting 45-degrees to the right, the first 24-inch step out of the pivot (right foot) is considered the <u>first</u> of six 24-inch steps. The <u>sixth</u> step in this pivot is when your left foot strikes the ground. Make the second 45-degree pivot your left foot completing the full 90-degree turn

Procedure for Guide on Bearer (GOB) (if applicable)

- 9. GOB executes the movement in the same manner as the fourth element leader
 - a. Continue taking 24-inch steps until ahead of the fourth element leader
 - b. Pivot 45-degrees to the right on the ball of the left foot and take as many 24-inch steps as necessary to obtain a position in front of the fourth element leader
 - c. Pivot 45-degrees to the left on the ball of the right foot and starting with the left foot, begin taking 12-inch steps
 - d. Once DCID is reestablished, the only command allowed is Forward March

Instruction for Forward, March (once all cadets have turned and reestablished DCID)

- a. Commands are given as the heel of the left foot strikes the ground
- b. On *Forward*, mentally prepare yourself, but continue to march in 12-inch steps
- c. On MARCH:
 - 1. Take one more 12-inch step with the right foot
 - 2. Starting with the left foot, begin taking 24-inch steps

COLUMN RIGHT CONTINUED



45-degree pivot w/the 24-inch step is for the inside elements. The inside elements could be the 3rd, 2nd, or 1st elements (depends on the size of the flight).

*Image shows the third Element Leader taking a 12-inch step with the 2nd element leader taking a 24-inch step *



12-inch step

24-inch step

24-inch step

Image shows the third Element Leader in a 12-inch step, 2nd element leader taking as many 24-inch steps "as necessary" to align with 3rd element leader, and 1st element leader taking 24-inch steps inside the pivot



Once all members of the flight have reestablished DCID, *Forward*, MARCH is given

Image shows element leaders have reestablished DCID

TOTHE REAR

Purpose: Turning an entire formation 180-degrees to the rear while marching.

Preparatory Command: "To The Rear"

Command of Execution: "March"

Requirements for Movement:

a Marching at attention

b Any formation

c Close or normal interval

d Cadence of quick time

Procedures to Perform:

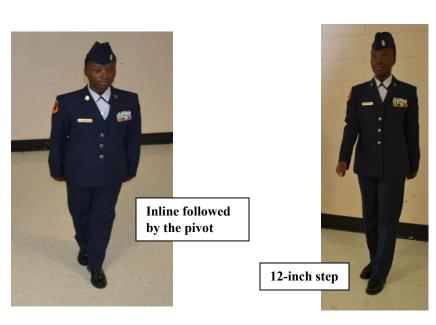
- a. Commands are given as the heel of the right foot strikes the ground
- b. On *To the Rear*, mentally prepare yourself, but continue to march
- c. On MARCH:
 - 1. Each cadet takes one 12-inch step with the left foot and places it in front of and in line with the right foot
 - 2. Distribute weight of the body on the balls of both feet and suspend arm swing
 - 3. Pivot 180-degrees to the right without forcing the body up or leaning forward
 - 4. Take one 12-inch step with the left foot and resume coordinated arm swing
 - 5. Begin taking 24-inch steps with the right foot

TIP/TRICK: Recite in your head "Inline, Pivot, 12, 24, Left, Right, Left".

INLINE: Left foot is directly in front of the right foot

PIVOT: 180-degrees to the right with arms at your sides (NO Helicopters)

- Take a 12-inch step with your left foot using coordinated arm swing (placing the left foot beside your right foot)
- Take a full 24-inch step with your right foot





EYES RIGHT/READY FRONT

Purpose: "Eyes Right" is the military way of acknowledging the senior officer during a parade or review.

Preparatory Command: "Eyes" / "Ready"

Command of Execution: "Right" / "Front"

Requirements for Movement:

- a. Marching at attention
- b. Column formation
- c. Normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. Commands are given as the heel of the right foot strikes the ground
- b. The Flight Commander (FC) commands, Eyes, RIGHT when the flight is approx. six paces from the reviewing stand
- c. There is one step (left foot) between the preparatory command and command of execution (see note 1)
 - 1. On *Eyes*:
 - a. FC and All members of flight continue marching

2. On RIGHT:

- a. FC turns head 45-degrees to the right and salutes (salute happens as left heel strikes the ground)
- b. All members (except the outside element) smartly turn head and eyes 45-degrees to right while maintaining dress to right
- c. Members of the outside element continue marching while maintaining distance; they **do not** turn their head and eyes
- d. Flight continues marching until given Ready Front



Image shows outside element (guide in front) with head and eyes forward and inside elements with head and eyes turned 45-degrees to the right

<u>"EYES"</u>	NOTE 1 step	<u>"RIGHT"</u>
Right Foot	left foot	Right Foot

EYES RIGHT/READY FRONT CONTINUED

<u>Instruction – READY, FRONT</u>

- a. Commands are given as the heel of the left foot strikes the ground
- b. The FC commands, Ready, FRONT once the last rank is at least six paces past the reviewing stand
- c. There is one step (right foot) between the preparatory command and command of execution (see note 2)
 - 1. On preparatory command, *Ready*:
 - a. FC and All flight members continue marching
 - 2. On command of execution, **FRONT**:
 - a. FC drops salute and turns head and eyes to the front (happens as right heel strikes the ground)
 - b. All members (except the outside element) smartly turn head and eyes to the front
 - c. Members of the outside element continue marching with head and eyes to the front
 - d. Flight continues marching and follows commands given by the FC

NOTE 2				
<u>"READY"</u>	step	<i>"FRONT"</i>		
Left Foot	right foot	Left Foot		

Purpose: Changing your step while marching (usually performed when member is out of step).

Preparatory Command: "Change Step"

Command of Execution: "March"

Requirements for Movement:

- a. Marching at attention
- b. Any formation
- c. Close or normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. Commands are given as the heel of the right foot strikes the ground
- b. On *Change Step*, mentally prepare yourself, but continue to march
- c. On MARCH:
 - 1. Take one 24-inch step with the left foot
 - 2. In one count:
 - a. Place the ball of the right foot alongside the heel of the left foot and suspend arm swing, without raising up or leaning forward
 - b. Transfer weight of the body to the right foot and immediately step off with the left foot in a 24-inch step and resume arm swing
 - 3. Upper body remains at Attention throughout the movement



Image shows ball of right foot alongside the heel of the left foot and arms suspended to the side

<u>Teaching technique</u>. Have cadets think "step-pause-step". They step with the left, there is a very slight pause when bringing in the right foot next the left heel to transfer the weight and then step with the left foot. Emphasize there is no skipping, hopping, jumping, or scraping of shoes on the ground when performing this movement.

RIGHT STEP

<u>Purpose</u>: The "right step" is the military way of moving a formation short distance to a given flank from a halt.

Preparatory Command: "Right Step" "Flight"

Command of Execution: "March" "Halt"

Requirements for Movement:

- a. Halted at attention
- b. Any formation
- c. Close or normal interval
- d. Cadence of quick time

Procedures to Perform:

- a. On Right Step, mentally prepare yourself
- b. On MARCH:
 - 1. Raise the right leg from the hip just enough for the foot to clear the ground
 - 2. Keeping legs straight but not stiff, and your heels on-line, move the right foot approximately 12-inches to the right of the left foot as measured from inside the heels, and place it 22 ½-degrees off the center line of the body
 - 3. Without scraping the ground, bring the left heel together with the right heel with snap, so heels are on-line, and feet form a 45-degree angle
 - 4. Upper body remains at Attention throughout the movement
 - 5. Cadence: counts one and three given as the right foot strikes the ground; counts two and four given as the heels come together
 - 6. Continue taking steps until given Flight Halt

Flight Halt - commands are given as the heels come together

- a. On *Flight*, mentally prepare yourself, but continue taking steps
- b. On **HALT**:
- 1. Take one more 12-inch step with the right foot and place it 22 $\frac{1}{2}$ -degrees off the center line of the body
- 2. Smartly bring the left heel together with the right heel so heels are on-line, and feet form a 45-degree angle
- 3. Body is back at the Position of Attention

Image shows a 12-inch sidestep as measured from inside of heels

